

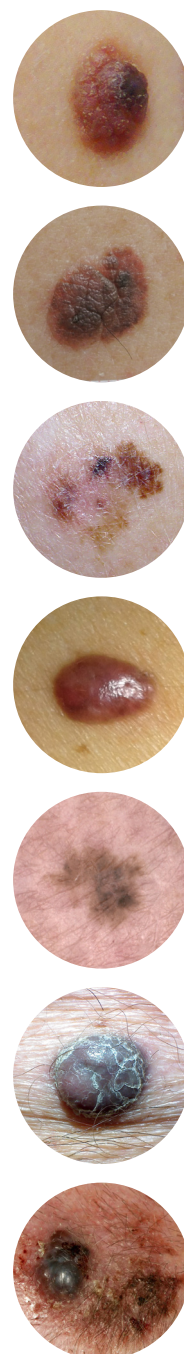
Check to protect against skin cancer

Finding skin cancer early could save your life.

If you notice any of the following skin changes get checked by your GP or a skin specialist:

- **changes in colour, size, or shape of spots**
- **itchy or bleeding spots**
- **unusual spots that look different to others**
- **a spot that's become raised and looks shiny**
- **a new spot that's suddenly appeared.**

If you want to identify your risk of melanoma ask your GP about the BPAC Melanoma Risk Calculator.



Images shown are of melanoma, which is a type of skin cancer.
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